

# Health Care Policy

When referenced in this document Raw Energy Dance Education (REDed) includes the Australian School of Performing Arts (ASPA) and ASPA Education.

Raw Energy Dance Education (REDed) recognises that the safety and wellbeing of all students and staff members is a whole-of-community responsibility. REDed's Duty of Care Policy applies to the general needs and responsibilities of all students and staff members, where this Health Care Policy encompasses any child or staff member with a pre-existing, complex medical condition. Pre-existing medical conditions include but are not limited to anaphylaxis, asthma, diabetes and epilepsy.

#### REDed is committed to:

- providing, as far as practicable, a safe and healthy environment in which participants and staff members at risk of a reaction or episode can participate equally in all aspects of REDed classes and events
- actively involving the parents/guardians of each child at risk of a reaction or episode in assessing, minimising and managing the risks for their child
- raising awareness about allergies, asthma and anaphylaxis amongst the REDed community
- facilitating communication to ensure the safety and wellbeing of participants and staff members at risk of a reaction or episode

#### Provision of Medical Information

Extra-Curricular Programs: During the enrolment process, REDed collects general medical information for use during normal

REDed activities including weekly classes, offsite rehearsal days, concerts and competitions.

Curricular Programs: Once a school contract is secured, the REDed Schools and Curriculum Coordinator will liaise with the

school on relevant information to assist with classroom management and behaviour support. Full medical details and First Aid remains the responsibility of the school designated supervising staff

member.

Holiday Programs: During the enrolment process, REDed collects general medical information for use during the

program.

# **Individual Medical Action Plans**

It is the responsibility of the parent to provide details of any pre-existing medical conditions, including mental and physical health considerations. Where a health matter requires specific equipment for in case of an emergency, such as Ventolin, Adrenaline Autoinjectors or medicine, it is the responsibility of the parent/guardian to submit a Medical Action Plan (MAP).

### A MAP will set out the following:

- information, provided by a medical practitioner, about the student's medical condition and the potential for a reaction or episode, including any triggers the student has
- the student's warning signs and symptoms
- actions for the staff member responsible for the student's care to take in case of a reaction or episode, including use of student-provided equipment
- the student's emergency contact details

The student's MAP will be reviewed, in consultation with the student's parents in all of the following circumstances:

- if a parent informs REDed that their child's medical condition has changed
- as soon as practicable after the student has a reaction or episode at an REDed class or event

# **REDed Prevention Strategies**

- participant MAPs and medical rolls are made accessible to all supervising staff members
- staff have access to and are trained to follow ASPA's First Aid and Incident Action Plan

#### Allergy Awareness

REDed is committed to minimising the risk of exposure to high-risk allergens by employing the National Allergy Council's Best Practice Guidelines. These include handwashing/sanitising, supervision of meal times and not sharing food or water bottles.



### **Emergency Response**

In the case of an incident, REDed staff will implement REDed's Duty of Care Policy and First Aid and Incident Action Plan.

#### **Communication Method**

- This Health Care Policy is available on the REDed website
- Parents are directed to REDed's customer policies via the Terms of Enrolment issued on confirmation of enrolment

# Holiday Programs

Many REDed students have predetermined illnesses, including mental and physical health considerations. Some health matters, like asthma, anaphylaxis or epilepsy, may require a Medical Action Plan (MAP) in case of emergency. Parents of REDed Holiday Program students are required to submit a MAP, provided by their doctor in the case of severe rated conditions and when specific equipment is needed, outlining their child's special needs if applicable. REDed staff members have a responsibility to accommodate these medical needs where possible. Further detail is provided in our Health Care Policy.

• If required, REDed will implement preventative measures where possible. For e.g. it may distribute a notice to parents in instances of infectious diseases like head lice or chicken pox. Please note that consent will not be sought for this communication.

## Staff Training

At Annual Staff Training Days and online meetings REDed staff will be briefed on:

- Relevant REDed policies including:
  - o Duty of Care.
  - o Health Care
- REDed procedures including:
  - o First Aid and Incident Action Plan and
  - o Incident Form
- REDed prevention strategies
- Accessing 'how to' guides on administering Ventolin and Adrenaline Autoinjectors, if required

#### Parent Responsibilities

Parents will:

- provide their Medical Action Plan as soon as practicable after their child enrols
- inform REDed if their child's medical condition and/or severity level changes and, if relevant, provide an updated Medical Action Plan
- bring their current Ventolin, Adrenaline Autoinjector, and any other required medical equipment or medicine, to weekly classes and REDed events
- ensure the provided yellow ribbon is kept on their child's bag and their bag is brought to all REDed activities

Nicole Muir CEO

This policy will be regularly reviewed.

Date: September 2025